



Chemo Cap

By Ramsay Fifield

This cap fits securely and comfortably thanks to the elastic band. It can be made in a single color, or a rainbow. It can be simple stockinette or patterned. If your pattern is complex, check the finished width and adjust the number of stitches accordingly. The finished stockinette width of 15 inches (38 cm) measured on the body of the cap stretches to fit all sizes.

MATERIALS: 20 yds (18 meters) of Cascade FIXATION or another elasticized cotton DK weight yarn. [A ball makes 5 caps, so pick a neutral color or plan to trade with other knitters.]

A total of 40 yds (36 meters) of worsted or DK cotton, silk or linen—or a blend of similar fibers. These caps are meant for indoor wear. Acrylic is too warm. Wool is both too warm and too scratchy. Can be leftover short lengths of various yarns, or mix and match for multiple hats. Remember to allow extra inches for ends if your pattern includes multiple yarn changes.

16-inch Circular needle, size 8 (5mm)

Double point needles, size 8 (5mm)

Tapestry needle

GAUGE: Approximately 5 stitches to the inch in DK weight. Precision here is not required

METHOD: Cast on 60 stitches with FIXATION. Join the round and K1, P1 for 2 inches (5 cm). Change to cotton yarn[s] and knit the round for 4 more inches (10 cm). On the next row, K two stitches together all the way around, changing to double point needles when needed. You are now working on 30 stitches. Continue in chosen design for 1 ½ inches (4 cm). At the beginning of the next round, purl back to create ease for the final decrease.

Knit the next row.

Purl two together on each stitch of the next row. You now have 15 stitches on the needle. Break off the yarn, leaving a 6 inch (15 cm) tail. Using the tapestry needle, thread the tail back through the stitches on the circular needle; draw up tightly and knot off. Weave in all ends.